



The Messenger

October 2022

FALL SCHEDULE AT PBC

Worship: 11am in our Sanctuary

Communion— Every 1st Sunday

Pink Sunday (Honoring and Remembering
Those with Cancer) —10/16

All Saints' Day—11/6

Commitment Sunday—11/20

Love Feast —12/18 in Fellowship Hall

Music: Choir Practice—Thursdays @ 7:30pm

Sundays @ 10:30am

Spiritual Formation:

Searchers Sunday School: 9:45am, McNeely Rm

The Forum: Contact Harry Hammitt

Wednesday Bible Study: 10:30am every Wed.

Zoom Link:

<https://us02web.zoom.us/j/81854433417>

Meeting ID: 818 5443 3417

Meditation for Monkey Brain (5 classes):

2 Sections: Thursdays (except 10/4)

In Fellowship Hall @ 11am

Sundays—begins 10/2 (no class 10/9)

In Fellowship Hall @ 4:30pm

Classes from Outside Vendors:

Yoga W/ Carolyn Kardan—Tuesdays @ 2:30pm
Fellowship Hall

Mission Projects:

Food for Thought Bags—1st Sunday after worship

Rivermont Pantry—October 31-November 4

Love Your Neighbor Craft Fair —November 13

Events:

Crafts Fair (also a Mission Project): 11/13 1-4pm

Repeat Events:

Brown Bag Lunch - 1st Thursdays

Movie Nights—TBD

Game Nights —TBD

Children/Youth

Crafting for Craft Fair— 10/16—12/4pm

Other Activities—TBD



INTRODUCING: OUR NEW REFRIGERATOR!

As you might know if you ever had to use the refrigerators that were in our Fellowship Hall kitchen, both of them had seen better days. In September, with the approval of the Congregational Council and the Finance Team, we purchased a brand new fridge as part of the ongoing renovation of our kitchen with funds released from the Shelton Kitchen Fund (money given and set aside specifically for upgrades for our kitchen).

We have more conversations to have about when and how we can do these renovations, especially in light of the difficult financial situation we find ourselves in right now, but we do rejoice that our food can be kept cold and we have a shiny, new fridge to thank for that!

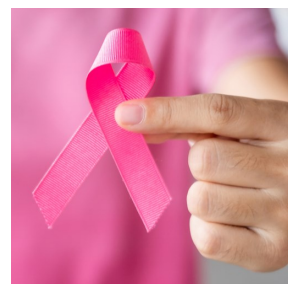


Brown Bag Lunch at PBC!

- Thursday, October 6, 12pm
- Drinks/Chips/Cookies provided
- Fellowship Hall
- Everyone is welcome!
- No sign-up necessary—just come!

Pink Sunday October 16

On **Sunday, October 16th**, we will take time to recognize those who have lived with cancer and to remember those we love whom we have lost to cancer. You can **wear pink to worship** on October 16th, if you wish, and we will have a litany in worship to honor, support and remember those we love whose lives have been touched by cancer.



LOVE YOUR NEIGHBOR CRAFT FAIR— NOVEMBER 13

This Interfaith/Ecumenical Craft Fair benefits the Interfaith Outreach Association. All proceeds from the sale of our craft items will go toward the work of IOA to keep people housed safely.

What can you do?

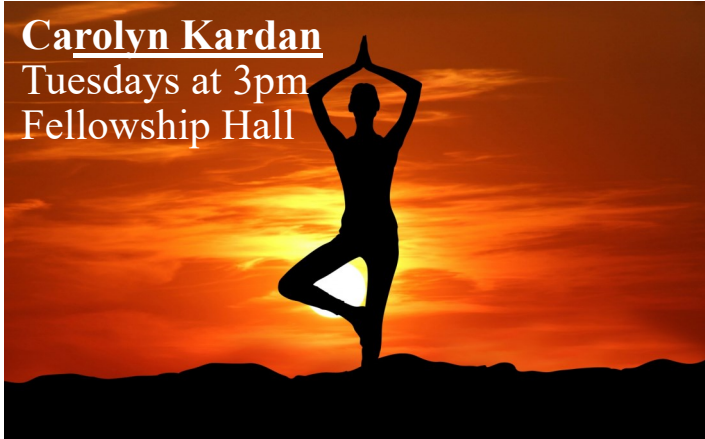
- Make your things! Items to sell can include:
 - Handwork/needlework
 - Bake sale goodies
 - Pottery/Glass/Fabric items
 - Cards/Artwork
 - Whatever else you like to make!
- Volunteer for Week Of:
 - Set up —Pricing —Labeling
- Volunteer for Day Of:
 - Manning Table —Cash Box
 - Parking Lot/Traffic —Hospitality
 - Take Down

Email pbcoffice@peaklandbc.org to sign up!



SAVE THE DATE!

NOVEMBER 13—LOVE YOUR NEIGHBOR CRAFT FAIR



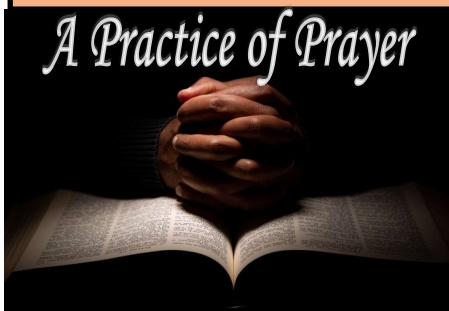
Carolyn Kardan
Tuesdays at 3pm
Fellowship Hall

October Events

6—Brown Bag Lunch —12pm—
2—Communion/Food for Thought Bags
8—Choir Practice Cancelled
Choir Practice Weekly at 7:15-8:15
22—Meditation for Monkey Brain —11am
Congregational Discussion

Office Schedule—October

Martha—M-Th—9-5pm—day off: Friday
marthakearse@peaklandbc.org
Martha out for vacation 10/5-9
Leslie—M-T and Th/F —9am-2pm—day off: Wed.
pbcoffice@peaklandbc.org
Susan—available by email any time:
pbcfinance@peaklandbc.org



As our worship and spiritual practice this fall, **we are praying together for our church**, not out of desperation or fear, but with love and care for our future. We will ask God, together, about the questions with which we have been struggling?

- What are the most important elements of our identity?
- What work do we have to do together in the world?
- Who do we want to be in the world?
- What do we want to be for each other?

We have been following this practice of prayer now for one month—**how are you experiencing the practice of prayer?** What effect does it have on your life to commit to prayer for each other and for this church?

Message from Finance Team

The PBC Finance Team is at work on the 2023 church budget. In the current year, we have been dipping into our reserves to cover the annual budget and the increasing costs of an aging building; we anticipate this will be the case for 2023 as well.

October is traditionally the time of year when we send out pledge cards seeking the financial commitment of the congregation for the coming year.

Many churches, including PBC, are struggling with participation, a situation that has been on a downward trend for some time and accelerated greatly during the pandemic. Continuing to dip into our reserves is not a sustainable practice; greater participation in all areas of our church life is needed.

In lieu of sending out a traditional Pledge Card, this year we will be asking, “ARE YOU WITH US?” and will distribute Commitment Cards, beginning Oct. 30th and culminating with Commitment Sunday on November 20th. PBC has vital work to do, for this city and for the world.

Peakland Baptist Church
4102 Peakland Place
Lynchburg, VA 24503
434-384-2031
www.peaklandbaptistchurch.org
Rev. Dr. Martha Dixon Kearse, Pastor

OCTOBER BIRTHDAYS!

2—Mackenzie Woody
4—Fran Christie
5—Brian McCraw
5—Nancy Cardwell
8—Louise Riley
10—Meredith Clapp
12—Penny Barden
13—Woods Cook
13—Nancy Sale
14—Elizabeth Cook
15—Gus Hermosa
18—Debbie Burton
18—Phyllis Thomasson
19—Dona Duval
20—Jackie Asbury
23—Sam Cardwell
27—Trey Moon
31—Mary Lee Bell



Do you have a busy brain? Not someone prone to sitting quietly on a pillow in the dark to meditate? Then this class is for you! Using movement, doodling, rhythm, art, even a bit of breakage, we'll

explore ways to quiet thoughts and prepare our brains to reap the benefits of meditation. Meditation can calm the flight, fight or fawn response and stop the cycle of anxious worry that can disturb our peacefulness and keep us from enjoying our lives. Meditation is good for mind body and spirit, but is often presented as only possible through stillness. These techniques will be designed to make stillness possible and to open us to recognizing the pathways to meditation that work best for us. Join us! We will have two sections:

—Thursdays @ 11am

10/13, 20, 27 and 11/3

--Sundays @ 4:30pm

10/16, 23, 30, Nov. 6

Invite your friends and meet us in the Fellowship Hall dressed for fun!

Meditation for Monkey Brain



FIREPIT FRIDAY

Friday, October 28 7-9pm
Parsonage Lawn
S'mores & Drinks provided!



CHAINSAW SATURDAY

OCTOBER 29

10AM-2PM

Lunch provided

Dress comfortably

Safety gloves, glasses

And hat required