

Stay Well 2020

Stay Home

If you feel sick

If you are in a vulnerable population

Stay Clean

Wash your hands

Clean surfaces

Do not touch your face

Keep your distance—Greet from
6 Feet!

Stay Connected

Email

peaklandbc@outlook.com

mdkearse@outlook.com

Website

www.peaklandbaptistchurch.org

Facebook—The Life and Family of

Peakland Baptist Church

Phone-434-384-2031/704-223-4251

Stay Centered

God is with us

This is not the apocalypse

This is also not nothing

Call a friend—call the church—send

Cards—be supportive from the

Comfort of your home!

The CDC is recommending that people who qualify for Medicare (that is, people who are over 65 years of age or who are physically disabled) “avoid crowds.” Peakland Baptist Church encourages each of you to take that recommendation to heart. If you need us, we are here! We will post all our worship elements online and we are available by phone or through social media. This situation is being compared to the “put your oxygen mask on yourself first”—our self care helps everyone!

We are also discouraging our members from visits to retirement communities and nursing facilities based on the recommendations of those industries. Many younger people do not have symptoms of the virus early on—we may not know that we have been exposed until many days later. Refraining from social visits is recommended at this time.

**WORRIED ABOUT NOT BEING STOCKED
UP? UNABLE TO GET OUT TO STOCK UP?**

Call the church—we can help with that.