Stay Well 2020

Stay Home
If you feel sick
If you are in a vulnerable population

Stay Clean
Wash your hands
Clean surfaces
Do not touch your face
Keep your distance—Greet from 6 Feet!

Stay Connected
Email
peaklandbc@outlook.com
mdkearse@outlook.com
Website
www.peaklandbaptistchurch.org
Facebook—The Life and Family of Peakland Baptist Church
Phone-434-384-2031/704-223-4251

Stay Centered
God is with us
This is not the apocalypse
This is also not nothing
Call a friend—call the church—send Cards—be supportive from the Comfort of your home!

The CDC is recommending that people who qualify for Medicare (that is, people who are over 65 years of age or who are physically disabled) “avoid crowds.” Peakland Baptist Church encourages each of you to take that recommendation to heart. If you need us, we are here! We will post all our worship elements online and we are available by phone or through social media. This situation is being compared to the “put your oxygen mask on yourself first”—our self care helps everyone!

We are also discouraging our members from visits to retirement communities and nursing facilities based on the recommendations of those industries. Many younger people do not have symptoms of the virus early on—we may not know that we have been exposed until many days later. Refraining from social visits is recommended at this time.

WORRIED ABOUT NOT BEING STOCKED UP? UNABLE TO GET OUT TO STOCK UP?
Call the church—we can help with that.